

Choosing Ambulatory Aides or W/C for Elderly.

Standard cane.



Quad cane.



Hemi Walker.



Standard walker.



Rolling walker.



Rollator.



Standard Single Point Canes.

Used when minor balance problems exist to help with balance.

Quad Canes.

Provides more support than single point cane as there is a wide base and 4 legs.

Hemi walker.

A good choice when more support is needed for balance than canes can provide and patient is unable to use walker due to weakness in one hand, for example after a stroke.

Standard walker.

Gives more support than canes and hemi walker. Often recommended after orthopedic surgeries if there are weight bearing restrictions.

Rolling Walker.

It is less taxing to use than standard walker and often patients with cardio-pulmonary problems prefer it to standard walker.

Rollators.

Large swivel wheels make it easy to push indoors and outdoors. Many of them have a seat and a basket. If you get tired you can lock the brakes and sit down on the seat to rest,

Wheelchairs have many options. What to look for ?

- If caregivers are elderly and have difficulty lifting. Request a light weight wheelchair.
- Patient with poor trunk/head control will benefit from high and reclining back rest.
- Use elevated leg rests if you have lower extremity swelling.
- Your insurance company may pay for a special gel/foam cushion if you have a pressure sore.